MISSOURI CYBER SECURITY
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# Cyber Security and Personal Safety International Travel Tips

**Review each of these items before you travel to ensure your data privacy and personal safety.**

**Before You Leave:**

**Cyber Security Tips**
**Personal Safety Tips**

- ☐ **Remove Sensitive Data** –*Do not bring any sensitive data with you while travelling.*
- ☐ **Update Devices** – *Mobile devices could include phones, smart watches, tablets & laptops.*
- ☐ **Backup Your Devices** –*Ensure you can restore them if necessary.*
- ☐ **Turn on Location Services and Set Pins/Passwords on Mobile Devices** –*Pins and passwords discourage theft and location services help to locate lost or stolen devices.*
- ☐ **Enable VPN on Mobile Devices** –*Ensure access to your devices is protected with encryption.*

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- ☐ **Research Destination Laws and Culture**--*Information stored on your mobile devices, prescription medications, speaking opening about sensitive topics and more can be illegal in other countries and can lead to fines or arrest. Link: Learn About Your Destination (Be state.gov)*
- ☐ **Check Passport Expiration**-- *Close expiration dates could prevent your travel.*
- ☐ **Consent For Travel with Minors**—*You may need notarized written consent from parents.*
- ☐ **Copy All Travel Documents & Share with Trusted Family/Friend**—*Carry these copies separately from the originals. Inform family and friends of your travel plans.*
- ☐ **International Driving Permit** –*You may need this if you plan to drive in another country.*
- ☐ **Research Reputable Licensed Transportation** –*Ensure you know which public transportation options are safe to utilize before you leave.*
- ☐ **Pack Items to Help You Blend In** –*Pack clothing that will help you blend in. Tourists are highly targeted.*

**While Travelling:**

- ☐ **Never Leave Mobile Devices Unattended** –*Do not assume devices locked in a hotel room or safe are protected. Be aware of cameras that can monitor keystrokes in public spaces. Always log out and lock devices when not in use.*
- ☐ **Report Any Lost or Stolen Devices Immediately** --*Mobile devices can often be remote wiped if they can not be located via location services to protect your data.*
- ☐ **Always Use VPN** –*When connecting to Wi-Fi, always use VPN to ensure your data is encrypted.*
- ☐ **Do Not Access Sensitive Data** –*Do not access bank accounts, benefit sites, investing sites, health records, etc.*

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- ☐ **Secure Your Hotel Room** –*Lock the dead bolt and keep windows and blinds shut. Do not answer the door for strangers and call the front desk to confirm hotel staff visits.*
- ☐ **Check-In** –*Check in with family or friends regularly. Be careful what you post on social media.*
- ☐ **Maintain Awareness of Surrounds** –*Leave suspicious areas immediately.*
- ☐ **Do Not Leave Drinks Unattended**—*Do not accept drinks from strangers and be aware of any alcohol consumption. If you feel sick, notify a friend, family member and seek medical attention.*
- ☐ **Blend In** –*Be discrete when looking at maps or asking for directions. Do not take valuables with you and secure any that you have on your person. If an area seems suspicious, leave it immediately.*

**When You Return:**

- ☐ **Reset Passwords** –*Reset any passwords that were accessed during your travels.*

**Safe Travels!**